



**Duration of the tour:** 7 days

**Category:** hike / haute route / via ferrata / alpine course

**Difficulty level:** easy / **moderate** / difficult / very difficult / expert

### 3. Part of the European Hiking Route E5 From Rovereto to Verona

The European hiking route E5 leads from the Lake of Constance to the historic city of 'Verona' at the foot of the Alps of 'Lessin'. On this tour we cover the southern, and the least known part of the E5. We begin at one of the most beautiful sections of this hiking route. By walking over the fissured lime-stone of the 'Monte Pasubio' we cross plateaus, ridges and gorges. The vistas are spectacular and if the weather is good you can see the Adria, Lake Garda and the Dolomites from here. This part of the route was violently fought over during the First World War and you can still find evidence of times past. Wildflowers are abundant here with their vivid colours. The Mediterranean climate is responsible for the wide variety of flowers that thrive here. Through the secluded limestone valleys of the 'Monte Lessini' peak we finally reach the medieval 'Verona' on the 'Etsch' river. A highlight of our tour is the visit to the opera at the famous 'Arena of Verona'.

**Region:**  
Alps of the 'Trentino' and the 'Lessin' area (Italy)

#### Day 1, Sunday

Our meeting point is at 4:30 p.m. at the train station of 'Rovereto'. A taxi will pick us up and drive us to the well managed 'Rif. Coe' at the 'Coe' pass (1.600 m). We start with a short warm up tour to the 'Sommo Alto' peak (1.600 m). For the night we stay in the 'Rif. Coe'.

**Hiking time approx. 1 hour, ascent 150 m, descent 150 m.**

#### Day 2, Monday

After a very early start an old wartime road leads us to the 'Monte Maggio' peak (1.865 m) in an hour. The view here is fantastic and ex-tends from the snow-capped mountains of the 'Dolomites' to the 'Po' plains. Still continuing along the crest, our trail leads us through old trenches, in some places, to the 'Monte Borcoletta' peak (1.759 m). From there we continue downhill along switchbacks to the 'Passo della Borcola' (1.206 m). From here we ascend the northern rock-spurs of the 'Monte Pasubio'. The ascent of the fissured 'Pasubio' massiv is regarded as one of the most beautiful sections of the European hiking route E5. We descend by traversing a part of the 'Monte Buso' and reach our destination of the day, the 'Rif. Lancia' (1.825 m).

**Hiking time approx. 8 hours, ascent 1.250 m, descent 950 m.**

### Day 3, Tuesday

Today's itinerary relates very significantly to war history. It passes an old front line of the First World War, along old fortifications, trenches and artillery sites we reach the 'Rif. Papa' (1.928 m). From there we hike gently along the impressive 'Strada degli Eroi', Street of Heroes, down to the 'Fuggazze' Pass (1.162 m). Through the 'Little Dolomites' our trail leads us to the 'Rif. Campogrosso' (1.457 m).

**Hiking time approx. 7 hours, ascent 750 m, descent 1.200 m.**

### Day 4, Wednesday

A long hike takes us via the 'Cima Carega' (2.259 m) to 'Giazza' (759 m), a German speaking area. On top of the mountain you have a fantastic view of the Adria, Lake Garda and the Dolomites, providing the weather is cooperating. The hotel 'Albergo Belvedere' is today's destination.

**Hiking time approx. 7 hours, ascent 800 m, descent 1.500 m.**

### Day 5, Thursday

Up and down, through hamlets and over cow pastures we hike through the 'Alps of Lessin'. The route leads us via the plateau of 'Papari' (1.469 m) to 'Albergo Croce' (1.147 m) and further on through the 'Aal' valley to 'Erbezzo' (1.118 m). That night we stay in an hotel.

**Hiking time approx. 7 hours, ascent 1.000 m, descent 600 m.**

### Day 6, Friday

The final itinerary of our journey leads us once again through a fascinating lime-stone landscape. Descending through the 'Anguille' valley to 'Portello' (776 m), we cross the 50 meter long natural arch bridge 'Ponte di Veja' (620 m). After lunch in a typical Italian 'Trattoria' we will take the bus through the vineyards of 'Valpolicella' to 'Verona'. After a stroll through the city we visit the opera at night in the famous 'Arena of Verona'. Tonight we stay in an hotel\*\*\*.

**Hiking time approx. 4 hours, ascent 150 m, descent 800 m.**

### Day 7, Saturday

After breakfast there is still time for another short visit of Verona. Return to 'Rovereto' by train, arrival approx. 12 o'clock and visit of the historical war museum of 'Rovereto'. From there you can either commence your homeward journey or you are welcome to stay a little longer at 'Rovereto'.

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#### Required:

Good health, mountain experience is advantageous, average physical condition, a sure foot, enough physical endurance for day trips with up to 8 hours hiking time.

#### Equipment:

Hiking shoes with good grip, 2 pairs of socks, comfortable pants, shorts, pullover or jacket, protective clothing against wind and rain (Gore-Tex), functional underwear, a change of underwear (stored in a plastic bag), rucksack approx. 35 litre (a maximum weight of 8 kg is recommended). Special advice: you can protect your equipment with a plastic bag inside your rucksack, or use a rucksack cover. Gloves, cap (against sun and cold), sunglasses, sunscreen, lip salve, a water bottle, snacks (dried fruits, nuts, etc.), indoor shoes or trainers, toilet bag, small towel, first aid, head lamp, identity card, collapsible poles.

#### Accommodation:

Inns, hotels (shared accommodation), mountain huts (dormitory)

### Services:

Mountain guide, 5x half pension, 1x accommodation/breakfast, 2x taxi, 1x train transport, 1x opera ticket, 1x museum at 'Rovereto'

### Additional costs:

We recommend approx. € 25.- per day for drinks, extra provisions, etc.

### Participants:

6 - 12 people

### Travel to Rovereto:

Take advantage of the good train connections to 'Rovereto'. By train from 'Oberstdorf' 7:05 a.m. or from 'Munich' 11:30 a.m. or from 'Innsbruck' 1:28 p.m. Arrival in 'Rovereto' at 4:18 p.m.

By car via the 'Brennero' highway to 'Bolzano' and further via 'Trento' to 'Rovereto'. Charged long-term parking at the train station (3.- per day) or underground parking at the museum of contemporary art.

### Extension of stay:

We advise you to contact tourist information centre in 'Rovereto' if you need accommodation before or after the tour. Telephone (Italy) 00 39 – 04 64 – 430 363, [www.aptrovereto.it](http://www.aptrovereto.it)

### OASE AlpinCenter:

The OASE AlpinCenter is adjacent to the train station in Oberstdorf, opposite platform 1.

### Information and booking:

For further details please contact us directly from:

<b>June – September:</b>	Monday – Friday <b>9 – 12 hours</b> and <b>14 – 18 hours</b>
<b>October – Mai:</b>	Monday – Friday <b>9 – 12 hours</b>

If the office is unattended please leave a message, we call you back .

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**Online:** [www.oase-alpin.com](http://www.oase-alpin.com)

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*You will find dates and prices on our website.*



### Personal notes:

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