



Duration of the tour: 7 days

Category: hike / haute route / via ferrata / alpine course

Difficulty level: easy / moderate / difficult / very difficult / expert

2. Part of the European Hiking Route E5 From Bolzano to Trento

We take the original route, traveled on by many generations of local farmers, through remote mountainous landscape. Our hike leads along the German-Italian language border to the well known, red rocks of 'Butterloch' canyon and through vineyards to the romantic villages of 'Piazzo' and 'Sabion' and the earth pyramids of 'Segonzano'. High above the Etsch valley we can take in the wonderful scenery of South Tyrol, the view from here includes 'Ifinger' near 'Meran' to 'Schlern', 'Rosengarten' and 'Ortler'.

Region:
South Tyrol (Italy)

Day 1, Saturday

Our meeting point is at 3:00 p.m. in 'Bolzano' at the 'Kohlern' gondola. We take the historic gondola to 'Bauernkohlern' station (1.150 m). Short hike to the mountain guest house 'Schneiderwiesen' (1.371 m), where we stay for the night.

Hiking time approx. 1 hour, ascent 250 m.

Day 2, Sunday

Leisurely hike along the 'Dead Moss' to 'Deutschnofen'. Following an ancient road we first reach Cloister 'Maria Weißenstein' (1.521 m) and later on the 'Schmieder' hut (1.680 m).

Hiking time approx. 6 hours, ascent 800 m, descent 350 m.

Day 3, Monday

Descent to the 'Butterloch', the Grand Canyon of South Tyrol, an awesome gorge with its red porphyry walls. Via 'Oberadain' (1.562 m) and 'Trudern' we get to 'Horn Alp' (1.750 m). This beautiful pasture is situated in the natural protected area of 'Truderner Horn' peak.

Hiking time approx. 7 hours, ascent 850 m, descent 650 m.

Day 4, Tuesday

We descend through forests to 'Gfrill' (1.320 m). The little village high above the 'Etsch' valley is the last German speaking settlement above the 'Salurner Klause'. The route from here leads us through the huge 'Salurner' Forest to the holy Lake 'Santo Lago', where we leave the Province of 'Bolzano' and enter the region of 'Trento'. We descend to the 'Cembra'

valley, the valley of artists and painters, residence of the famous painter 'Albrecht Dürer'. We stay in 'Cembra'.

Hiking time approx. 8 hours, ascent 150 m, descent 1.250 m.

Day 5, Wednesday

By hiking through the vineyards of 'Faver' we reach the romantic villages 'Piazzo' and 'Sabion'. From there we will soon reach the earth-pyramids of 'Segonzano'. On a country road we reach the 'Quaras' farms and further along the hub of 'La Centrale'. From there we go by taxi to the 'Passo del Redebus' and then by foot to 'Palai' (1.400 m), a little historic village in the 'Fersen' valley. Tonight we stay in an hotel.

Hiking time approx. 6 hours, ascent 500 m, descent 350 m.

Day 6, Thursday

Our last day takes us above the 'Cava' valley to the 'Passo la Portella' (2.152 m) and the 'Val Porte' to the 'Weitjoch' Col (2.002 m). From there we descend to the idyllically situated hotspring resort Vetriolo Terme (1.440 m), it is the highest of Europe. Again we stay in an hotel (wine tasting).

Option: Good conditions and a good physical condition required, the alpine E5 route is also possible.

Hiking time approx. 8 hours, ascent 1.000 m, descent 1.000 m.

Day 7, Friday

After breakfast we start our return journey to 'Bolzano' by bus, where we still have time to visit the South Tyrol Museum of Archaeology. End of the tour at about 1:00 p.m. From there you can either commence your homeward journey or you are welcome to stay a little longer in South Tyrol.

Required:

Suitable for sporting beginners, good health, average physical condition, a sure foot and enough physical endurance for day trips with up to 8 hours hiking time.

Equipment:

Hiking shoes with good grip, 2 pairs of socks, comfortable pants, shorts, pullover or jacket, protective clothing against wind and rain (Gore-Tex), functional underwear, a change of underwear (stored in a plastic bag), rucksack approx. 35 litre (a maximum weight of 8 kg is recommended). Special advice: you can protect your equipment with a plastic bag inside your rucksack, or use a rucksack cover. Gloves, cap (against sun and cold), sunglasses, sunscreen, lip salve, a water bottle, snacks (dried fruits, nuts, etc.), indoor shoes or trainers, toilet bag, small towel, first aid, head lamp, identity card, collapsible poles.

Accommodation:

Inns, hotels (shared accommodation), mountain huts (dormitory)

Services:

Mountain guide, 6x half pension, 2x bus transfer, 1x cable car, 1x museum, 1x wine tasting

Additional costs:

We recommend approx. € 25.- per day for drinks, extra provisions, etc.

Participants:

6 - 12 people

