



Duration of the tour: 4 days
Category: snow shoe tour
Difficulty level: easy / moderate / **difficult** / very difficult / expert

‘Allgäu Alps’

Experience nature, climb mountains, hike remote trails

Away from ski slopes and cross country trails for the whole week, we get to experience the magnificent winter landscape of the ‘Allgäu’. Cosy huts and mountain guest houses offer comfort and provide good food day in and out.

Region:

‘Allgäu’ Alps (Germany)

Route proposal:

The choice of the route depends on the snow conditions and can be changed accordingly.

Day 1, Thursday

Meeting point OASE AlpinCenter at 12 o’clock. After receiving the equipment we take a train to ‘Immenstadt’. On the way to the ‘Naturfreunde’ house, our today’s destination, we have enough time to get used to the snow shoes as well as being able to climb two peaks.

Hiking time approx. 4 hours, ascent 700 m, descent 100 m.

Day 2, Friday

From the ‘Naturfreunde’ house we easily reach a long ridge which leads us via ‘Himmeleck’ (1.487 m) to ‘Prodel’ (1.336 m). The frozen over lake and the ‘Nagelfluh’ range is in view the entire time. The final ascent takes us up to the ‘Staufener’ hut and is made easy with the use of the ‘Hochgrat’ cable car.

Hiking time approx. 6 hours, ascent 200 m, descent 800 m.

Day 3, Saturday

This morning’s destination is the ‘Hochgrat’ peak (1.832 m), highest point of the ‘Nagelfluh’ range. It is easy to get to the ‘Scheidwang’ cow pasture (1.317 m) from here and a little later we reach the ‘Heidenkopf’ peak (1.685 m). The descent takes us to ‘Balderschwang’, where we have a coffee break. After another two hours we finally reach our today’s destination, the ‘Burgl’ hut, located at 1.428 meters.

Hiking time approx. 6 hours, ascent 950 m, descent 1.100 m.

Day 4, Sunday

Over the 'Sättele' (1.434 m) we reach 'Rohrmoos', a lonely situated high valley with lots of snow. A last ascent leads us to the 'Hörnle' pass (1.283 m) before we reach the place of 'Schwende' in the 'Kleinwasler' valley. From there we take the bus back to 'Oberstdorf' (arrival at approx. 3:00 p.m.).

Hiking time approx. 5 hours, ascent 500 m, descent 500 m.

Required:

Good health, mountain experience, snow shoeing experience good physical condition, a sure foot, no fear of heights and enough physical endurance for day trips with up to 6 hours hiking time.

Equipment:

Snow shoes, trekking shoes with good grip, 2 pairs of trekking socks, warm pants, eventual gaiters, pullover or jacket, protective wear against wind and rain (Gore-Tex), underwear with climate function, a change of underwear (stored in a plastic bag), rucksack approx. 35 litre (a maximum weight of 8 kg is recommended). Special advice: you can protect your equipment with a plastic bag inside your rucksack, or use a rucksack cover. 2 pairs of warm gloves, hat (against sun and cold), sunglasses, sun-screen, lip salve, a thermos bottle, snacks (power bar, nuts, etc.), indoor shoes or trainers, sleeping bag liner, toilet bag, small towel, first aid.

Special equipment like avalanche transceiver and extendible ski poles are provided (free of charge).

Accommodation:

Huts, mountain inns (dormitory, shared accommodation)

Services:

Mountain guide, 3x half pension, 1x bus transport, 1x cable car ticket, 1x train transport, equipment

Additional costs:

It is advised that € 25,- per day is set aside for drinks, extra provisions, etc.

Participants:

6 – 12 people

Travel to Oberstdorf:

Take advantage of the good train connections to Oberstdorf. If you drive by car: we recommend local parking opportunities, at € 5,00 per day (in coins) (for the maximum duration of 7 days), underground parking is available at the skating stadium and costs up to 7 days € 35,-. Payable at the counter at the skating stadium.

Extension of stay:

We advise you to contact tourist information in Oberstdorf if you need accommodation before or after the tour. Telephone (Germany) 00 49 - 83 22 – 700 – 412, www.oberstdorf.de

OASE AlpinCenter:

The OASE AlpinCenter is adjacent to the train station in Oberstdorf, opposite platform 1.

