



**Duration of the tour:** 6 days

**Category:** hike / **haute route** / via ferrata / alpine course

**Difficulty level:** easy / moderate / difficult / very difficult / **expert**

## Summits of the Wallis

### 14 four thousand meter peaks in one week

The world-famous Swiss village of 'Zermatt' is our starting point for this difficult high altitude tour. We 'collect' on classic ascents of up to '14 four thousand meter peaks'. Our bases for this adventure are the cosy Italian huts, from where we often have only short distances to the highest summits. One night we stay in the highest hut of Europe, the Rifugio Margerita (4.556 m).

**Region:**  
Wallis Alps (Switzerland, Italy)

#### Day 1, Sunday

Meeting point is at 8:00 a.m. at the 'Hotel Tannenhof' in 'Zermatt', Telephone (Switzerland) 00 41 - 27 - 96 73 188. Before we head out we check the equipment. After this we walk through the centre of 'Zermatt' to the gondola, which takes us to the 'Little Matterhorn' (3.800 m). From here we reach the 'Breithorn' pass and the summit of the '**Breithorn**' (4.164 m), in 1½ hours. Today our hiking pace is slow so we can acclimatise and have a chance to get used to our equipment. The descent takes us across big glaciers to the cosy 'Rif. Guide d'Ayas' (3.420 m).

**Hiking time approx. 5 hours, ascent 500 m, descent 900 m.**

#### Day 2, Monday

At dawn we start towards the 'Twins Pollux' (4.092 m) and 'Castor' peak (4.228 m). From the rucksack depot, which we reach after one hour, we ascend over an easy rock face before we reach the summit of '**Pollux**' (4.092 m). The view from here is marvellous. Soon, we are back at the rucksack depot and after a short break we tackle the snow and ice face of '**Castor**' peak (4.228 m). Above an impressive snow ridge we gain the summit. Across the 'Felik' glacier we make our way to the Italian 'Rif. Quintino-Sella' (3.585 m).

**Hiking time approx. 8 hours, ascent 1.150 m, descent 1.000 m.**

#### Day 3, Tuesday

From the hut we ascend via the 'Felik' pass to the '**Lyskamm**' West peak (4.479 m). If conditions are good enough it is possible to cross the 'Lyskamm' ridge to the **Main peak** (4.527 m). The ascent of this ridge is considered to be one of the most beautiful climbs in the

Alps. On the descent we have to negotiate a short steep section, but soon after that we will reach the 'Lysjoch' pass. From here it is a glacier walk to the 'Rif. Mantova' (3.440 m).

**Hiking time approx. 8 hours, ascent 1.200 m, descent 900 m.**

#### **Day 4, Wednesday**

Today we get the rare opportunity to climb up to **six** four thousand meter peaks. Above the 'Lys' glacier we first reach the '**Pyramide Vincent' peak (4.215 m)**. After a short descent we make our way to the '**Balmenhorn' peak (4.167 m)**, which is on the way to the '**Schwarzhorn' peak (4.321 m)**. Following that we go across the '**Ludwigshöhe' peak (4.341 m)** and the '**Parrot' peak (4.432 m)** in order to reach the 'boundary glacier'. This glacier leads us up to our sixth four thousand meter peak of the day, the '**Signalkuppe' (4.554 m)**. Here is also our today's destination, the highest hut of the Alps, the 'Rif. Margerita' (4.554 m).

**Hiking time approx. 8 hour, ascent 1.050 m, descent 350 m.**

#### **Day 5, Thursday**

After the descent to the 'Gnifetti' Col (4.452 m) we soon reach the '**Zumstein' peak (4.563 m)**. Via mixed terrain we descend to the 'Grenz' saddle (4.452 m) and follow the South-East-Ridge to the '**Dufourspitze' peak (4.634 m)**. The choice for the descent to the silver saddle depends on current conditions. From there we climb the '**Nordend' (4.609 m)** via the south ridge, another snow ridge, in an hour. The descent to the 'Monte Rosa' hut (2.795 m) is long, though not especially difficult. By early afternoon we can once again enjoy a magnificent view from the veranda of the hut.

**Hiking time approx. 7 hours, ascent 400 m, descent 2.200 m.**

#### **Day 6, Friday**

After a relaxing breakfast we hike above the 'Gorner' glacier to the station 'Roter Boden' (2.815 m) at the 'Gorner' ridge gondola. A mechanised descent with the 'cog-wheel' railway will get us back to 'Zermatt', around lunch time. From there you can either commence your homeward journey or you are welcome to stay a little longer in 'Zermatt'.

**Hiking time approx. 2½ hours, ascent 200 m, descent 200 m.**

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#### **Required:**

High altitude touring experience and confident crampon-technique, good health, excellent physical condition, no fear of heights, a sure foot and enough physical endurance for day trips with up to 8 hours hiking time. Climbing passages in the III. Degree (UIAGM Scale).

#### **Equipment:**

Rigged hiking shoes with good grip, 2 pairs of socks, comfortable pants, shorts, pullover or jacket, protective wear against wind and rain (pants and anorak, eventual Gore-Tex), underwear with climate function, a change of underwear (stored in a plastic bag), rucksack approx. 35 litre (a maximum weight of 8 kg is recommended). Special advice: you can protect your equipment with a plastic bag inside your rucksack, or use a rucksack cover. Gloves, gaiters, cap (against sun and cold), sunglasses, sunscreen, lip salve, a thermos bottle, snacks (power bar, nuts, etc.), sleeping bag liner, toilet bag, small towel, first aid, head lamp, identity card, collapsible poles if required.

**Special equipment** (climbing harness, sewn slings, carbines, crampons, ice-axe and helmet) if at hand please bring these along. This equipment can also be lent to you (free of charge).

#### **Accommodation:**

Mountain huts (dormitory, shared accommodation)

**Services:**

Mountain guide, equipment

**Additional costs:**

We recommend € 80,- per day for gondolas, 5x half pension, drinks, extra provisions, etc.

**Participants:**

2 people per mountain guide

**Travel to Zermatt:**

Take advantage of the good train connections to 'Zermatt'. By car via highway 'Zürich', 'Bern', 'Thun', car-loading 'Kandersteg-Goppensteig' (approx. Swiss Francs 25.-), 'Brig', 'Visp' to 'Täsch'. We recommend the car garage 'Schaller', free for those guests staying at the 'Hotel Tannenhof', but only for the duration of stay. Charged long-term parking at the entrance of 'Täsch'. By 'cog-wheel' railway or by taxi further on to 'Zermatt'.

**Extension of stay:**

We advise you to contact the tourist information in 'Zermatt' if you need accommodation before or after the tour in the 'Wallis'. Telephone (Switzerland) 00 41 - 27 - 96 68 100, [www.zermatt.ch](http://www.zermatt.ch).

**OASE AlpinCenter:**

The OASE AlpinCenter is adjacent to the train station in Oberstdorf, opposite platform 1.

**Information and booking:**

For further details please contact us directly from:

**June – September:** Monday – Friday **9 – 12 hours** and **14 – 18 hours**  
**October – Mai:** Monday – Friday **9 – 12 hours**

If the office is unattended please leave a message, we call you back .

**Tel.:** 0049 - 83 22 - 8000 980

**Online:** [www.oase-alpin.com](http://www.oase-alpin.com)

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*You will find dates and prices on our website.*

