



Duration of the tour: 6 days

Category: hike / **haute route** / via ferrata / alpine course

Difficulty level: easy / moderate / **difficult** / very difficult / expert

Tauern 'Haute Route'

Mountaineering in the Mount 'Großvenediger' area (3.674 m)

The 'Hohe Tauern' area can refer to a very long tradition of mountaineering. In 1761, the 'Ankogel' was the first glaciated summit of the Alps, which was climbed. Soon the mountaineers conquered the highest 'Tauern' summits. We will climb to the top of 'Mt. Großvenediger' (3.674 m) this week, the highest summit in the western 'Tauern'. This week is an excellent introduction for beginners of high alpine mountaineering.

Region:

National park 'Hohe Tauern' (Austria)

Day 1, Sunday

Our meeting point is at 2:00 p.m. at the 'Krimmlerfälle' Inn in the village of 'Krimml' in the 'Oberpinzgau'. We start along the 'waterfall' trail, which offers an imposing view of the world-famous 'Krimmler' waterfalls (with 380 m the tallest waterfalls of Europe), to the 'Schönangerl' Inn (1.306 m). At 4:00 p.m. a taxi with a special permit takes us to the goods only cable car of the 'Warnsdorfer' hut (1.860 m), at the end of the 'Krimmler' valley. From here we start our ascent to the 'Warnsdorfer' hut (2.336 m), rucksack transport is possible.

Hiking time approx. 2½ hours, ascent 500 m.

Day 2, Monday

Today we climb the 'Gamsspitzl' peak (2.888 m) and reach the 'Maurer Törl' (3.108 m) via the 'Obersulzbach Kees'. The descent leads in a southerly direction via the 'Maurer Kees' to the 'Essener-Rostocker' hut (2.208 m).

Hiking time approx. 5 hours, ascent 800 m, descent 900 m.

Day 3, Tuesday

Today we ascend with light rucksacks the airy corn snow summit of the 'Simonyspitz' peak (3.488 m), one of the summits of the 'Venediger' group, it offers a great panoramic view. The descent route leads via the 'Simonykees' back to the 'Essener-Rostocker' hut (2.208 m).

Hiking time approx. 7 hours, ascent 1.300 m, descent 1.300 m.

Day 4, Wednesday

On the 'Schweriner' trail we reach the 'Türml' Col (2.790 m). After the descent to the 'Johannis' hut (2.121 m) we take a well earned break. In the afternoon we still have to ascend to the 'Defregger-House' (2.952 m), the ideal base for the ascent of the 'Großvenediger' peak (3.674 m).

Hiking time approx. 7 hours, ascent 1.450 m, descent 700 m.

Day 5, Thursday

The highlight of this week is the ascent of 'god's roof', so we have to start very early today. Soon we reach the 'Keesboden', on the way to '**Mt. Großvenediger (3.674 m)**'. This varied route leads us to the 'Venediger' Col (3.413 m), and the 'Obersulzbach Kees'. From here we can already see our destination of the day, the 'Kürsinger' hut (2.562 m).

Hiking time approx. 7 hours, ascent 750 m, descent 1.150 m.

Day 6, Friday

Starting very early we finally climb (with light rucksacks) the 'Keeskogel' peak (3.291 m), where we can enjoy the sunrise. After a short break at the 'Kürsinger' hut we descend through the 'Obersulzbach' valley to the good sonly cable car (1.960 m). A taxi takes us back to 'Krimml', arriving there at about 1:00 p.m. From there you can either commence your homeward journey or you are welcome to stay a little longer in the 'Oberpinzgau'.

Hiking time approx. 5 hours, ascent 750 m, descent 1.300 m.

Required:

Mountain experience, good health, good physical condition, a sure foot and no fear of heights, enough physical endurance for day trips with up to 7 hours hiking time. There is no experience necessary for glacier hikes.

Equipment:

Rigged hiking shoes with good grip, 2 pairs of socks, comfortable pants, shorts, pullover or jacket, protective wear against wind and rain (Gore-Tex), underwear with climate function, a change of underwear (stored in a plastic bag), rucksack approx. 35 litre (a maximum weight of 8 kg is recommended). Special advice: you can protect your equipment with a plastic bag inside your rucksack, or use a rucksack cover. Gloves, gaiters, cap (against sun and cold), sunglasses, sunscreen, lip salve, a water bottle, snacks (power bar, nuts, etc.), indoor shoes or trainers, sleeping bag liner, toilet bag, small towel, first aid, head lamp, identity card, collapsible poles if required.

Special equipment (climbing harness, loops, carabines, crampons and ice-axe) if at hand please bring these along. This equipment can also be provided to you (free of charge).

Accommodation:

Mountain huts (dormitory, shared accommodation)

Services:

Mountain guide, 5x half pension, 2x taxi, 1x entrance to the 'Krimmler' cascades, equipment

Additional costs:

We recommend approx. € 25,- per day for drinks, extra provisions, etc.

Participants:

4 - 8 people

Travel to Krimml:

Take advantage of the good train connections from Munich via 'Kufstein', 'Mittersill' to 'Krimml'. There are busses from the train station to the village. By car via highway Munich, 'Kufstein', departure 'Kitzbühl', 'Mittersill', 'Krimml' or via the 'Ziller' valley and the 'Gerlos' pass to 'Krimml'. Free public parking.

Extension of stay:

We advise you to contact the tourist information in Krimml (Oberpinzgau) if you need accommodation before or after the tour. Telephone (Austria) 00 43 – 65 64 – 72 39. We also recommend the 'Hotel Krimmlerfälle', Telephone (Austria) 00 43 - 65 64 - 72 03.

OASE AlpinCenter:

The OASE AlpinCenter is adjacent to the train station in Oberstdorf, opposite platform 1.

Information and booking:

For further details please contact us directly from:

June – September:	Monday – Friday 9 – 12 hours and 14 – 18 hours
October – Mai:	Monday – Friday 9 – 12 hours

If the office is unattended please leave a message, we call you back .

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E-Mail: bergschule@oase-alpin.de

You will find dates and prices on our website.



Personal notes:

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