



Duration of the tour: 6 days
Category: hike / **haute route** / via ferrata / alpine course
Difficulty level: easy / moderate / **difficult** / very difficult / expert

'Stubai' Mountain Summits

Zuckerhütl', 'Wilder Pfaff', 'Wilder Freiger' Peak....

South of Innsbruck, the 'Stubai Alps' lay between the 'Ötz' and the 'Ziller' valley. They attract the mountaineers with many well known and beautiful three thousand meter peaks. 'Zuckerhütl', 'Wilder Pfaff' and 'Wilder Freiger' are the better known and certainly the most impressive of the 3.000 meter summits in the area.

Region:

Alps of the 'Stubai' area (Austria)

Day 1, Sunday

Our meeting point is at 2:00 p.m. at the center in 'Neustift', opposite the church. A taxi with a special permit takes us to 'Oberriss' (1.700 m). From here we ascend gently to the 'Franz-Senn' hut (2.147 m).

Hiking time approx. 1½ hours, ascent 450 m.

Day 2, Monday

Ascent through the 'Höllentrachen' to the 'Alpeiner' glacier. On this shallow glacier we have a very good opportunity to get used to our crampons. The last 100 meters to the 'Wildgrat' Col (3.168 m) we ascend via a newly built and well secured 'klettersteig'. From there we descend via the flat 'Schwarzenberg' glacier and the 'Schwarzenberg' moraine to the 'Amberger' hut (2.135 m).

Hiking time approx. 7 hours, ascent 1.000 m, descent 1.000 m.

Day 3, Tuesday

Starting very early we hike through the fairly level 'Sulz' valley. At an altitude of 2.700 m we reach the 'Sulz' valley glacier. Via this shallow glacier we ascend to the 'Wütenkar' saddle (3.115 m). By crossing the 'Wütenkar' glacier we reach the 'Hochstubai' hut. During the day we can either ascent the 'Windacher Daunkogel' peak (3.351 m) or practise crevasse rescue on the glacier.

Hiking time approx. 5 hours, ascent 1.000 m.

Day 4, Wednesday

From the 'Hochstubai' hut the route follows over the 'Warenkar' glacier, the 'Warenkar' Col and the 'Windacher' glacier to the 'Bildstöckel' Col (3.332 m). Here we pass the 'Stubai' summer ski-resort. The descent takes us down to the 'Hildesheimer' hut (2.899 m) via the 'Gaisskar' glacier. In the afternoon we have enough time to try the newly built 'klettersteig' via the 'Falken' ridge.

Hiking time approx. 6 hours, ascent 350 m, descent 500 m.

Day 5, Thursday

From the 'Hildesheimer' hut we reach the 'Pfaffen' glacier, the 'Pfaffen' pass and the 'Pfaffen' saddle (3.332 m). From the saddle we climb 'Zuckerhüt' peak (3.505 m) in small groups. After a short descent we climb back up to the 'Wilden Pfaff' peak (3.458 m). On an easy route we get to the cosy 'Müller' hut (3.143 m).

Hiking time approx. 6 hours, ascent 750 m, descent 550 m.

Day 6, Friday

The ascent to the 'Wilden Freiger' peak (3.418 m) starts over a fairly level glacier. The rock ridge to the summit is protected with a fixed steel cable and should not cause us any trouble. The view here is marvellous and reaches from the 'Ortler' toward the 'Dolomites' to the 'Hohe Tauern' mountains. Descent is via the 'Gamsspitzl' peak to the 'Nürnberger' hut (2.280 m). After lunch our descend leads us through the 'Langen' valley to 'Ranalt'. Bus transfer to 'Neustift', arrival approx. 5:00 p.m. From there you can either commence your homeward journey or you are welcome to stay a little longer in the 'Stubai' valley.

Hiking time approx. 8 hours, ascent 300 m, descent 1.100 m.

Required:

Mountain experience, good health, good physical condition, a sure foot and no fear of heights, enough physical endurance for day trips with up to 8 hours hiking time. There is no experience necessary for glacier hikes.

Equipment:

Rigged hiking shoes with good grip, 2 pairs of socks, comfortable pants, shorts, pullover or jacket, protective wear against wind and rain (Gore-Tex), underwear with climate function, a change of underwear (stored in a plastic bag), rucksack approx. 35 litre (a maximum weight of 8 kg is recommended). Special advice: you can protect your equipment with a plastic bag inside your rucksack, or use a rucksack cover. Gloves, gaiters, cap (against sun and cold), sunglasses, sunscreen, lip salve, a water bottle, snacks (power bar, nuts, etc.), indoor shoes or trainers, sleeping bag liner, toilet bag, small towel, first aid, head lamp, identity card, collapsible poles if required.

Special equipment (climbing harness, 'klettersteig' climbing-set, loops, carabines, crampons and ice-axe) if at hand please bring these along. This equipment can also be provided to you (free of charge).

Accommodation:

Mountain huts (dormitory, shared accommodation)

Services:

Mountain guide, 5x half pension, 2x bus transfer, equipment

Additional costs:

We recommend approx. € 25,- per day for drinks, extra provisions, etc.

Participants:

4 - 8 people

Travel to Neustift:

Take advantage of the good train connections to 'Neustift'. By car via highway Innsbruck, Brenner departure 'Stubai' valley, 'Neustift'. Free long-term parking at the leisure centre (approx. 150 m distant of the meeting point).

Extension of stay:

We advise you to contact the tourist information in the Stubai valley if you need accommodation before or after the tour. Telephone (Austria) 00 43 - 50 188 10, www.stubaital.at

OASE AlpinCenter:

The OASE AlpinCenter is adjacent to the train station in Oberstdorf, opposite platform 1. The office is attended 1 hour before the tour starts.

Information and booking:

For further details please contact us directly from:

June – September:	Monday – Friday 9 – 12 hours and 16 – 18 hours
October – Mai:	Monday – Friday 9 – 12 hours

If the office is unattended please leave a message, we call you back .

Tel.: 0049 - 83 22 - 8000 980

Online: www.oase-alpin.com

Fax: 0049 - 83 22 - 71 53

E-Mail: bergschule@oase-alpin.de

You will find dates and prices on our website.



Personal notes:

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